

### *The Host Lent Appeal*

Lent is traditionally a time of foregoing something, though there is also now a trend to mark the season by doing something extra thoughtful and special.

As we approach a time of joyful celebration in the Church calendar we ask if you might consider doing something for international relation – making a small but significant contribution towards greater understanding worldwide.

Here at HOST our mission is to give a welcome to international students in British homes for friendship and cultural exchange. Our volunteer hosts open their homes and offer the opportunity to their student guests to have a break from studies and the chance to discover a new part of the UK. They share meals and conversation and in so doing learn about each other's culture. We know from the feedback we receive that being a host can give every bit as much pleasure as being a guest.

Hospitality can be offered for one day (daytime only) or three days and two nights at the weekend. We operate all year round and would very much welcome more volunteer hosts to join us.

More information can be found on our website: [www.hostuk.org](http://www.hostuk.org); or email us at: [info@hostuk.org](mailto:info@hostuk.org) or telephone us on: 020 7739 6292