

# St Michael's News June 2018

St Michael and All Angels, Lower Church Road, Sandhurst,  
Berkshire, GU47 8HN [www.stmichaels-sandhurst.org.uk](http://www.stmichaels-sandhurst.org.uk)

**Office open:** Monday, Tuesday and Friday 10.00am–2.00pm; Thursday 9.45am–1.45pm. Open for counselling: Wednesday 9.45am–1.30pm.  
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## OUR PURPOSE AS A CHURCH

*Knowing God for ourselves. Growing as individuals and as a church.  
Showing God's love in the world.*

## Love is in the air!

At Harry and Meghan's wedding Bishop Michael Curry spoke passionately about the power of love. Did you know that there are five languages of love that we can use in all our relationships?

- *Loving words* – being affirming, gentle, and kind in what we say, and of course telling someone where appropriate 'I love you!'
- *Giving and receiving gifts* – generosity flows from love, but it's generosity with intent – seeking out the right gift for the person – making it personal;
- *Thoughtful acts of service* – the little acts we can do for each other, asked or un-asked – serving each other with our time and talents;
- *Time and attention* – stopping what we are doing, listening with our whole person, and really seeking to build empathy and rapport;
- *Physical touch* – the touch of hands, the shoulder to cry on, the warm embrace – touch makes the connection personal.

Each of us will have a favourite – the little sign to us that makes us think 'he/she really does love me!' The most important thing is that we speak to people in *their* language rather than shouting in our own! Take a look through the gospel stories – can you find ways Jesus used each of these five languages as he reached out in love?

### Dave Percival



*Please pray for those on the prayer board and for Gillian Perkins, Michael Young, Linda Neighbour and Darinda Barnard, whose funerals took place in May. Please also pray for those considering and preparing for Confirmation at Crowthorne on 1st July.*

### *Church Library.*

For many years we have had a church library. You will find it in the lounge area of the Pastoral Centre – this is separate from the bookstall. There are lots of books all with a Christian theme. Some are biographies about different people and their faith in action; some explore an aspect of faith and some are commentaries on different books of the Bible. We have recently had a large donation and in addition to the shelves there are boxes, so please look through these. The books are free to borrow. Please take a look and borrow one or more. Emma Hodge

### *The church in the field*

On Saturday 23rd June there is a big community event in Sandhurst: the RMA Freedom of the Borough March. We are joining with our sister churches to run a Prayer Tent, and need VOLUNTEERS to help with:

- Setting up from 8.00 am that morning, including transporting tent, tables and resources to the site in preparation for the opening at 12.00 pm.
- Preparation of materials and resources, working with Angela Harper. The theme of the prayer space is 'Freedom'.
- Giving an hour or so during the afternoon to be in the tent, welcoming people and having a friendly chat
- Taking the tent down and transporting resources from the field.

Please get in touch with Angela, e-mail [familyworker@stmichaels-sandhurst.org.uk](mailto:familyworker@stmichaels-sandhurst.org.uk) or telephone/text 07456 190201.

### *Sandhurst & Yateley Methodist Church (SYMC) Film Nights*

Just to let you know that the next two films for our Film Nights are:

17th June    The Book of Eli

15th July    Groundhog Day

The Church (Sandhurst and Yately Methodist Church, Scotland Hill) opens at 6.15 pm for 6.30 pm for refreshments and pizza ordering! The film starts at 6.45 pm. All are warmly welcome. We order in pizza and talk about the film both half-way whilst munching on our pizza, maybe themes within the film of a Christian aspect or whatever the film is trying to portray and also finish

with discussion at the end. It is really good fun – we'd love to see you at SYMC! With best wishes, Karen Carter

## *Winspire – Recent Grant Awards*

During May the Winspire group were delighted to receive two awards which take us onwards towards our target:

Firstly, we were awarded £2,000 from the William and Jane Morris Fund. This fund was formed in 1939 following a bequest from May Morris, the younger daughter of William and Jane Morris, to the Society of Antiquaries. May Morris required that grants should be made only to work that is carried out according to the principles of the Society for the Protection of Ancient Buildings (SPAB), which was founded by her father.

Secondly, we have been awarded £5,000 from the Sabina Sutherland Trust. Sabina Sutherland spent most of the latter part of her life in Berkshire, where she was senior archivist in the Berkshire Record Office. She was an acknowledged expert on the church in Berkshire in the 19th century, and used this knowledge in her highly praised edition of the church inspection notebook of Archdeacon James Randall, 1855–1873. Following her premature

*(Continued on page 5)*

### **How do we become a more Pastoral Church?**



Pastoral Care means lots of things:  
Visit someone who is sick, to cheer them while they heal  
Visit someone who is bereaved or lonely  
Cook someone a meal  
Jesus said care and love one another  
Just as I have loved you. (John 13:34)  
Do we do as Jesus did, – listen, love and pray  
Or do we put it all on hold, for another day? Hilary Smith



We are blessed at St Michael's to have an active and caring church.  
Looking to the future we need to sustain our current outreach work and develop it further.  
If you feel **you** have something to offer, or would just like to explore how you can help in some way please come along on

**Wednesday 18<sup>th</sup> July from 8pm**  
**to the Upper Room at the Pastoral Centre**  
*drinks & refreshments will be served*

We would like to hear your ideas and discuss how we can use **your** skills and activate suggestions to help sustain and develop Pastoral Care at St Michael's.

**toddler time** is for everyone under school age and their carers. It's on the 2nd and 4th Thursdays of the month from 9.00am to 11.00am in the Pastoral Centre (not school holidays). Come and join us for songs, craft activities, drinks and toast, a Bible story and prayers, and an opportunity for play (children) and chat (parents). NB – Dads also welcome!

**Parish Communion (9.30 am).** During term time, including half-term breaks, there are age-related activities in the Pastoral Centre for children aged three up to school year 5 every week, and for Year 6+ on the 2nd and 4th Sundays of the month. They should come to the Pastoral Centre by 9.25 am to be registered, except on the 2nd Sunday of the month, when we all meet in church to take part in the beginning of the service. The group leaders bring the children into the church for the last part of the service every week. Our crèche is not currently running, but arrangements can be made at short notice to care for children under three years. Please ask one of the welcome team.

**During the main school holidays** children should come into the church with their parents at the beginning of the service, and will be invited to join a leader after a few minutes of the service to watch a Christian story based DVD in the Pastoral Centre. The group leaders bring the children into the church for the last part of the service. For young children staying in the service there are play-bags for them to enjoy – please ask one of the welcome team.

**The Family Service** is held on the first and third Sundays of the month, including school holidays. It is informal and child friendly, with action songs and an interactive talk, and is a place you really can come to with small children and not worry how they will behave! Refreshments are served in the church from 11.00am; worship begins at 11.15am and lasts about 45 minutes. Come and meet other families and make friends. We need help with refreshments and welcoming, so please email Kirsty Dunlop at [kirsty@tcb-arrow.co.uk](mailto:kirsty@tcb-arrow.co.uk) if you'd like to volunteer!



### **Weekday Youth Activities.**

Youth group on Monday evenings from 7.30 to 8.30 at the Pastoral Centre. Separate activities for Years 7–9 and Years 10–13. Contact Liz at [dave.percival@btinternet.com](mailto:dave.percival@btinternet.com) for more information.

(Continued from page 3)

death in 2014, her executors decided to use the residue of her estate to create a charity to support the causes that she had supported during her lifetime. Among these was the care and conservation of historic churches. She had a particular affection for Christ Church, Reading, where she worshipped, and All Saints, Binfield, where Randall had been rector before he became archdeacon. She also had a soft spot for other churches connected with the Randall family, among which was St Michael and All Angels, Sandhurst, where the archdeacon's second son, James Leslie (later Bishop of Reading), was Rector from 1878 to 1880.

Sue Campbell – The Winspire fundraising group

### *Commemorating the Centenary of the end of World War One*

In the same way that the poppies at the Tower of London marked 100 years since the start of the First World War, 'There But Not There' will commemorate its end.

Run by the charity Remembered, the aim is:

To place a representative figure for as many as possible of the names on local war memorials, around the country, into their place of worship, their school, their workplace or wherever their absence was keenly felt. These transparent silhouettes will be back within their communities for Remembrance 2018, the centenary commemoration of the end of the 1914–1918 First World War.

'There But Not There' will be the defining centenary commemoration of the end of the 1914-1918 war, installed where the men and women came from across the country, back in the communities they left behind.

We would like St Michael's to be part of this national event by purchasing at least two transparent silhouettes to sit in the pews for Remembrance Day, representing the loss of life in our parish 100 years ago. The figures are £42 each, with funds raised by Remembered going to six service charities. If anyone would like to contribute or purchase a silhouette in memory of a family member to place in the church, please contact us. Further information about 'There But Not There' can be found at <https://www.therebutnotthere.org.uk>

Emma Hodge and Catherine Wilkins

## God's Strength

*'Those who hope in the Lord will find new strength. They will fly high on wings like eagles. They will run and not grow weary. They will walk and not faint.'* (Isaiah 40:31)

It was Mental Health Awareness Week, 14–20 May 2018, and I recently attended a training course with Mental Health First Aid England (MHFA). Mental illness is common. It affects thousands of people in the UK, and their friends, families, work colleagues and society in general.

One in four people will experience a mental health problem at some point in their lives.

Around one in ten children experience mental health problems. Depression affects around one in 12 of the whole population! By tackling stress, we can go a long way to tackle mental health problems such as anxiety and depression, and in some instances, self-harm and suicide.



Our mental health is just as important as our physical health and spiritually God can help us too in managing our stress levels. God knows our struggles and our pain. It was by his will that we were created and by his word he spoke the universe into existence. There is nothing hidden from our all-knowing, ever-present God.

In our lives, we experience struggles that cause us much pain and it can even be difficult some mornings to get out of bed because we feel overwhelmed and weakened from the problems that never seem to end! Yet in our hearts, we can trust through all things that God will not fail us. We may not see nor feel him working out our problem, but he is. When I get tired, I turn to him, I am not alone. Each day I grow in the strength that he gives me. So, if you are going through a difficult situation, share with God and he can give you strength and a future of hope!

Even though so many people are affected there is a strong stigma attached to mental ill health and those with mental health problems can experience discrimination in all aspects of their lives.

It is important to know that most people who experience mental health problems recover fully, or are able to live with and manage them,

*('God's Strength' continued)*

especially if they get help early on. We can all help create a more compassionate world and a more caring, loving society by breaking down these barriers, not judging but accepting and listening to one another.

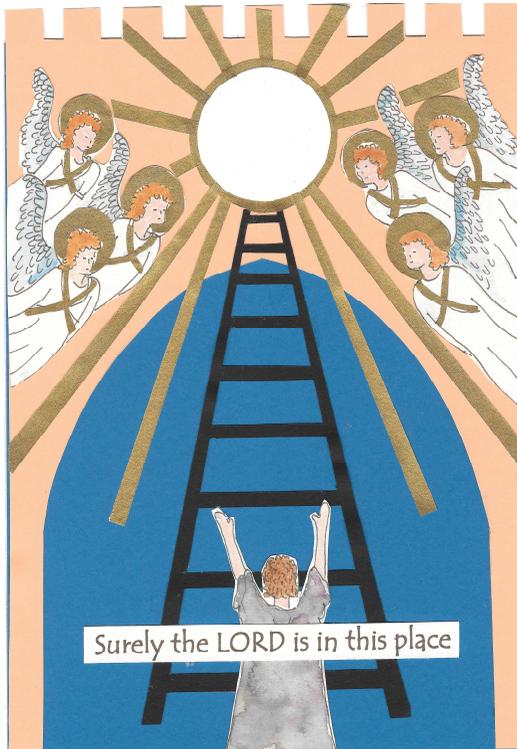
Nobody should ever feel that they have no one to turn to, be it your partner, friend, relative or myself. It is good to talk things through.

Angela Harper, St Michaels Family Worker, 07456 190201  
(familyworker@stmichaels-sandhurst.org.uk)

### ***Banner Competition***

Many thanks to everyone who voted in our banner competition to celebrate our 800th anniversary. We had over 100 votes in total. The winner, by a large margin was designed by Steph Martin; the winning design is shown below. Anyone interested in helping to make the banner please speak to Emma. Thanks to everyone who entered.

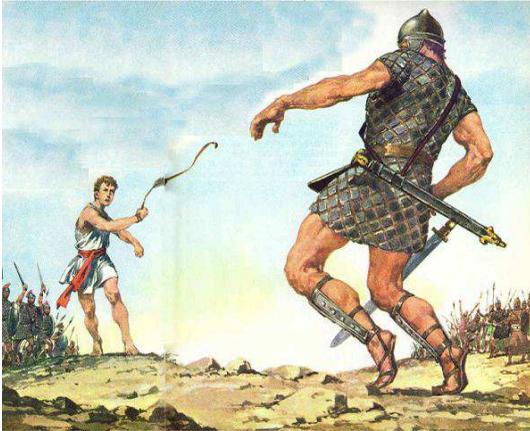
Emma Hodge



## A Guide to Sermons in June–August

How well do you know your Old Testament? As Christians, we look first of all to the New Testament for what it teaches us about the life, teaching, death and Resurrection of Jesus, and for what we can learn about the work of the Holy Spirit, the nature of the Church and how we should live out our faith.

But the Hebrew Scriptures (aka. OT) were the Bible that Jesus and the early Church knew and used, which Christians have in common with followers of Judaism today. A lot of it consists of stories about heroes of old, woven into a history of God’s dealings with his Chosen People, Israel. The ‘heroes’ in these stories are, in fact, every bit as human as we are, and the accounts of their successes and moral failings are examples for us to follow or avoid.



This summer the lectionary has highlights from the story of Israel from the calling of the prophet Samuel to the dedication of the Temple by Solomon, including well-known stories such as David and Goliath (pictured).

The stories give us the chance to reflect on what it means to be the people of God, what principles God

expects leaders, and all of us, to follow as we negotiate the challenges of life. Central to the story is David, a man ‘after God’s own heart’, but whose failures in his personal and family life nearly lose him his kingdom.

To get the most benefit from our sermon series here are some tips:

Read the passage in advance (you can find the readings on the services page for that month on the church website or on the weekly Facebook post); and read it again after you’ve heard the sermon!

If you miss church, read the sermon on the page mentioned above. Take some time each week to reflect on what God has said to you through the passage.

*Rev. John Castle*

### *On the social side*

First, a big 'thank you' to all who came along to our Barn Dance (and who now know what Irish Bingo involves!) The event raised nearly £400 towards the WinSpire appeal. Our next event, the Flower Demonstration evening, is also on behalf of WinSpire. It will be held on Thursday 28th June in the Pastoral Centre. The theme will be 'Summer Love' and the evening will be hosted by Annette Urquhart, a well-known and highly regarded local NAFAS (National Association of Flower Arrangement Societies) demonstrator and judge. Tickets cost £12 and include a glass of wine. At the time of writing (mid-May), tickets were still available from Ann Harris, Jennie Hulbert, Gill Robertson or the Parish Office but they were selling fast. Doors will open at 7.15 pm for a 7.45 start, parking available at the school. Chris Harris, Social Committee

### *Christian Aid Lunch*

I am pleased to say that £600 was raised at our lunch on 15th May. Many thanks to all those who attended and donated. Dorothy Hill

### *Mount Moriah Trust*

Total of donations for Mount Moriah Trust equal £174.46.

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## REGULAR ACTIVITIES

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*House Groups* meet each week at these houses:

2nd and 4th Mondays	1.00 pm	Sara Kaufman & Karen Carter	138 College Road 01276 31389
Monday	8.00 pm	Rupert & Sheridan Cremer-Evans	11 Sylvan Ridge 01344 777137
Tuesday	7.30 pm	Elizabeth Ritchie	28 Wiltshire Avenue, Crowthorne 01344 762147
Tuesday	8.00 pm	John & Sue Campbell	2 School Hill 01344 776655
Tuesday	8.00 pm	Rebecca Brown	Arcum Lodge, 130 High St 01252 878747
Tuesday	7.30 pm	John & Steph Martin	25 Templar Close 01252 873316

If anyone would like to join a group please speak to Karen Symons (01252 872161) or email [karen@2symons.com](mailto:karen@2symons.com) for more details.

## Coffee Rota

3 June	Gill Robertson	Jennie Hulbert
10 June	Gillian Davies	Jenny Thorn
17 June	Marion Blackmore	Rosemary Dobson
24 June	George Castle	Joy Alexander

**Newsletter.** Please send emails to [newsletter@stmichaels-sandhurst.org.uk](mailto:newsletter@stmichaels-sandhurst.org.uk) or leave written requests with the church office. The deadline for the July edition is **25th June**.

You will normally be able to view or download a colour copy of the newsletter on the website. If you would like to receive that version as an email attachment please contact David Hunt at [david.hunt@bcs.org.uk](mailto:david.hunt@bcs.org.uk).

## ACTIVITIES AT THE PASTORAL CENTRE

**Little Sandhurst Nursery Group.** Daily! Contact Karen on 07730 340734 or email: [enquiries@LSNG.co.uk](mailto:enquiries@LSNG.co.uk) for details.

**Line Dancing.** Every Monday evening in the hall from 7.00 pm, £5.50 includes raffle. Just come along and have fun. Tea and coffee available or bring your own drinks. Ring Sue or Arron on 01344 485097 for information.

**Rainbows** meet on Tuesdays: 5.00–6.00 pm (5–7 year olds).

**3rd Guides** meet on Tuesdays: 6.30–8.30 pm (10–14 year olds).

**Pilates** takes place in the large upper room most days and evenings. For more information ring Carl on 01344 762712.

### **The Rock and Pop Foundation**

Guitar tuition sessions are on Thursdays. For further information please call 0844 879 3305 or visit [www.rockandpopfoundation.com](http://www.rockandpopfoundation.com).

## CHURCH CALENDAR

Date & Time	Venue	Event	Contact
Sun 10th June 12.30 pm	Bird in Hand	Parish Lunch	Chris Harris (01252 871881)
Sat 23rd June	See p2	Freedom of the Borough March	Angela Harper (07456 190201)
Thur 28th June 7.15 for 7.45 pm	Pastoral Centre	Flower arranging demonstration	Tickets: £12 Parish Office

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JUNE CHURCH SERVICES  
Charity: Compassion

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**Sunday 3rd June – 1st after Trinity – Theme: The calling of Samuel**

1 Samuel 3:1–20 (p274); Mark 2:23–3:6 (p1004)

- 8.00am Holy Communion
- 9.30am Parish Communion (Traditional)
- 11.15am Family Service
- 6.30pm Contemplative Evening Prayer

**Saturday 9th June – Baptism**

- 2.00pm Eleanor Kraft

**Sunday 10th June – 2nd after Trinity – Theme: The people ask for a king**

1 Samuel 8:1–22 (p278); Psalm 72:1–17 (p585);

Mark 3:20–35 (p1005)

- 8.00am Holy Communion
- 9.30am Parish Communion (Informal)
- 11.30am Baptism of Isabella Yates and Alexis Harradine
- 6.30pm Ecumenical Service at St George's

**Sunday 17th June – 3rd after Trinity – Theme: David is anointed**

1 Samuel 15:34–16:13 (p287); Mark 4:26–34 (p1006)

- 8.00am Holy Communion
- 9.30am Parish Communion (Reflective)
- 11.15am Family Service – Theme: Crossing the Jordan
- 6.30pm No service

**Sunday 24th June – 4th after Trinity – Theme: David and Goliath**

1 Samuel 17:4–49 (p288); Mark 4:35–41 (p1006)

- 8.00am Holy Communion
- 9.30am Parish Communion (Community))
- 11.30am No service
- 6.30pm Choral Evensong – Readings: Jeremiah 10:1–16 (p768);  
Romans 11:25–36 (p1137)

**Saturday 30th June – Wedding**

- 12 noon Karen Hale and Neil Coult

# The Big Church Day Out 2018



Photos: Angela Harper

Families met up at BigChurchDayOut on the bank holiday weekend at Wiston House and we had a great time worshipping together in the sunshine. It was a beautiful setting to explore and enjoy the music, food and fellowship and to praise our Lord!



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<http://www.facebook.com/StMichaelsSandhurst>



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<https://twitter.com/#!/StMichaelShurst>

If you have any comments, events, news or updates for the website, please email David Hunt on [david.hunt@bcs.org.uk](mailto:david.hunt@bcs.org.uk).



Go to Sandhurst Pride ([www.sandhurstpride.co.uk](http://www.sandhurstpride.co.uk)) if you need information about local services and amenities.