

PRAYERS FOR CHILDREN AND FAMILIES

Bedtime Prayers

Lord, keep us safe this night,
secure from all our fears.
May angels guard us while we sleep,
till morning light appears. Amen.

Now I lay me down to sleep,
I pray the Lord my soul to keep:
May God guard me through the night
And wake me with the morning light.
Amen.

Prayers at mealtimes

Dear God,
thank you for our food
and for each other.
Amen.

God is great! God is good!
Let us thank God for our food.
Amen.

We thank you, Lord, for happy hearts,
For rain and sunny weather.
We thank you, Lord, for this our food,
And that we are together.
Amen.

Prayer for the beginning of the day

God in heaven, hear my prayer,
keep me in your loving care.
Be my guide in all I do,
Bless all those who love me too. Amen.

Thank you, Lord, for this new day.
Help me, in all I do and say
to know you're with me everywhere,
and show to all your love and care. Amen.

Prayers for other people

For friends

Lord Jesus, thank you for my friends,
and for the games and fun that we share.
Please help me to be a good friend to them. Amen.

For family members

Father God, thank you for my family, not only for those I live with,
but grandparents, uncles, aunties and cousins,
especially ...
Please look after them today. Amen.

A prayer for a situation in the news (war, famine, refugees, etc – adapt this prayer with your own words to suit the situation)

Dear God,
we pray for the people who are suffering in because of ...
Please bring them the help they need, especially ...
Please help those who are trying to provide food, protection and other
things that they need.
Help us to see how we can help,
by praying for them or giving money or other gifts. Amen.

For people around us

Lord, help me to notice people who need my help:
children who are alone without friends,
my parents or teachers, when they need a hand. Amen.

For other children

Lord Jesus,
I know that I am your special child, and that you love me.
Other children don't know you.
Please may they come to know your love.
I particularly pray for _____ and _____. Amen.

Prayers for other occasions

Dear God,
We are sorry for doing wrong things.
Please forgive us and help us to do good things instead.
Help us also to forgive those who are unkind to us. Amen.

Dear Jesus,
Please help me at school.
Sometimes I find it hard,
and it's at those times I specially need your help.
Help me especially with
I know you are with us always. Amen.

God, you are great.
You made the world and it's good.
Thank you for making it so beautiful,
and we are sorry that we have spoiled it.
Show us how we can take better care of it. Amen .