

# SANDHURST COUNSELLING SERVICE

FINDING YOUR WAY IN TROUBLED TIMES

## OUR FEBRUARY CHARITY

St Michael's is an outward looking church and this led to the creation of Sandhurst Counselling in 1990. Now we are recognised as a charity in our own right but we are still part of the church's outreach into the community. We are very grateful for the support we receive from the church as although we ask for a donation from clients our aim is to be available to all who need help and currently donations only cover 20% of the cost of a session. Being a charity of the month gives us an opportunity to share our work with you as well as helping us financially. Thank you.

The service operates with a Christian ethos and most of the counsellors volunteer their time as part of their training, but we do incur a lot of other expenses as assessments and

supervision and extra training all have to be organised and paid for.

At the end of last year Di Taylor, a stalwart of the church and Sandhurst Counselling told us that the time had come for her to retire. Di was part of the founding group of the service and went on to become the clinical lead and oversaw the professional development of the service. Although she stepped down as Clinical Manager several years ago Di has continued to work with the service. Her contribution to our work cannot be over stated. Thank you Di.

For more information please speak to Dave Percival, Peter Hulbert, Nicky Thomas or myself as we are all trustees.

**Sarah Ashton**



### *On the social side*

Well, with the haggis duly despatched, accompanied by strange music and incantations (at least, strange to us sassenachs), it's time to look to our next social event. But first, enormous thanks are due to everyone who helped with the Burns' Supper, and especially Catherine, Steph and Ann. This event involves far more work than anything else we do and we really appreciate all the support and help with the catering and, indeed, all the other contributions to the evening. A jolly good time was had by all and, whilst we have not got a final total at the time of writing, the event will have raised over £1000 for church funds, an amazing amount.



So to our next event, our Barn Dance – just ten months late! But being so late means it is now a **Coronation Barn Dance** as it will be held on **Saturday 29 April**, just a few days before the Coronation. We hope that it will be a real intergenerational event, with children especially welcome, so the dance will start at 6:30pm, and end around 9:30pm, with a break mid-way for you to attack your own nibbles and drinks. Dancing will be to the Aldbrickham band. Tickets will be limited and will be priced at £10 adults, under 16s £3 and under 5s FREE. More information next month, which is when tickets will go on sale, but please do make a note of the date.

**Chris Harris, Social Committee**



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